

# ASCO says "it was wonderful"

ASCO Junior Netball Club was started in 1997. They train at Turnford School and provide children in the Turnford, Cheshunt and Waltham Cross areas with the opportunity to play netball. The club is totally inclusive – children do not have to go through a trial process to join. Membership is growing – over 50 primary school aged children now regularly attend the Sunday morning sessions. The club now fields full teams for each age group in the local league.



In 2006, the club was awarded a Local Network Fund Grant of £5,000 that they used for:

- " Professional coaching for summer school
- " Specialist dietician for nutrition teaching
- " Volunteer coach training
- " Netball and multi-skills training equipment
- " Premises hire
- " Trips to matches including England International



"The funding has really helped us to inspire the children. The match trips were brilliant and they really enjoyed meeting and working with Sasha, who used to play for ASCO and is now in the England squad.



*"The multi-skills equipment is really improving the basic agility and balance of our younger players. And the nutrition advice is working really well – we used to have girls feeling faint at training. They now know how to eat properly and the importance of a good breakfast!"*

***Marcia Alcock, Chair***